



## Dereham Church of England Junior Academy

### Fit for School Information

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As a school, we are working really hard to make sure your children are in school as much as possible to enable them to enjoy a full and happy education. If children miss even one day, they will be missing valuable information. When they return, your child will need to catch up which, in itself, is a worry for them.



*If you are unsure then please make contact with the school office where staff will be able to reassure you of any worries that you may have.*

If your child has been unwell and is receiving a course of antibiotics which requires them to have a dose, 4 times daily, we are happy to supervise your child having this medication with the correct written permission form filled in.

We would always advise you to seek medical advice for illnesses that have not improved after 3 days. There are slips available from the school office to enable you to provide evidence that you have sought medical advice.



***DO*** send your children to school if they are feeling unwell with the following:

*Minor cold  
Tiredness  
Cough  
Sniffle  
Headache  
Tummy ache*

You will have realised by now that often children may wake up feeling a bit tired and groggy but, like us, once they are at school and busy they often start to feel better. We would advise that if you are unsure then send them to school. If they are too unwell to stay, then we will contact you to collect them.



***DON'T*** send your child to school if they are unwell with vomiting or diarrhoea or if you suspect that they may have an infectious disease.