

Dereham Church of England Junior Academy

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Advice to All Parents and Carers – Additional Confirmed Case of Covid-19

Same Bubble – Curie Class Year 3 – Already self-isolating

08.12.2020

Dear Parents,

This morning we have been made aware that a member of our school community has tested positive for COVID 19. *This is within the same class (Curie Class – Year 3) as we confirmed on Sunday and they are already self isolating. Please also note the pupil was not in school when they became symptomatic.* As such no additional staff or adults need to self-isolate as a result of this notification.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England and the Norfolk Outbreak Case Management Team. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The small number of children who have been in close contact with the individual who has tested positive for coronavirus (COVID-19) are already self isolating and will not return to school this term. Their isolation period has not been extended.

The school remains open and your child should continue to attend as normal if they remain well. Siblings of children in Curie Class are still able to attend school whilst they remain fit and well.

However, should your child(ren) get symptoms, the household should immediately self-isolate and the person with symptoms MUST be tested, keeping the school informed of this and the test result as soon as possible in order to help us track and monitor the situation effectively.

If you have any concerns, please contact the office in the usual way and someone will get back to you. Please be mindful this may take longer than usual at this time.

Many thanks for your continued support

Mrs Kelly Scott Headteacher



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What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test</u> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <u>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</u>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available



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- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards •

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/