



Dereham Church of England Junior Academy

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Diocese of Norwich
Education and
Academies Trust

Thursday 28th February 2020

Sport Relief Week – Monday 9th – Friday 13th March.



Dear Parent/Carer,

We are writing to let you know about how our school will be participating in **Sport Relief 2020**.

This year, inspired by the 'Daley Challenges' from Sport Relief 2018, every child will be taking part in a different challenge each day from Monday to Thursday, working towards the finale of a whole school Family Sport Relief Golden Mile, taking place on Friday 13th March.

Throughout the week

Every year group will be taking part in a different challenge for 20 minutes each day from the following;

- **Hula-Hoop-a-thon:** *How many times can you hula-hoop? Can you use different parts of your body?*
- **Skip-a-thon:** *How many skips can you do? Can you challenge yourself to jump different styles?*
- **Keep fit-a-thon:** *A chance to learn the Sports Relief Song/Keep fit to some Body Coach Active 8 videos.*
- **Footy Skillz-a-thon:** *How many keepy-uppys can you do? How long can you keep the ball off the ground?*

(The challenges will be on different days for different year groups – a timetable will be announced closer to the time)

Along with this letter, you will also find a sponsorship form for your child to collect sponsorship to take part in the **Daley Challenges** and the **Family Sport Relief Golden Mile**. This could be collected on a per event basis (e.g. 20p a challenge) or for the week's events in total. The money and sponsorship form must be handed in to your child's teacher by **Monday March 30th** to enable us to send the total raised to the Sport Relief Charity before the end of term.

You can also sponsor via our JustGiving page –

<https://www.justgiving.com/fundraising/dereham-junior-academy>

Friday 13th March

This will be a UK-wide, non-school uniform day, following the theme of 'Get your kit on', with a polite request for a donation of £1 towards Sport Relief for every child taking part. **Clothing can be anything sports-related/active wear.**

We would like to invite parents, carers and relatives to get involved at the end of the day, by joining us in the **Family Sport Relief Golden Mile** from **2.30pm**. We also politely request a minimum donation of 50p per adult taking part.

We would ask that **every adult taking part, please bring a copy of the invitation with them**, for ease of identification. These can be found on the reverse of this letter.

We look forward to an exciting week of fundraising and sports-related fun!

Thank you for your continued support.

Mr. S Allott

P.E Lead @ Dereham Church of England Junior Academy