

## KEY VOCABULARY

**Fairtrade:** trade between companies in developed countries and producers in developing countries in which fair prices are paid to the producers

**Balanced diet:** having different elements in the correct proportions

**Pop Art:** an art movement that emerged in the UK and USA during the 1950s. The movement presented a challenge to traditions of fine art by including imagery from popular culture, such as advertising and comic books.

**Seasonality:** the times of year when a given food is at its peak, either in terms of harvest or its flavour

**Asexual reproduction (plants):** produces new individuals without the fusion of gametes, genetically identical to the parent plants

**Sexual reproduction (plants):** produces offspring by the fusion of gametes, resulting in offspring genetically different from the parent or parents

## Further Reading

- *Uncle Andy's* by James Warhola
- *Roy's House* by Susan Goldman Rubin

## Food for Thought

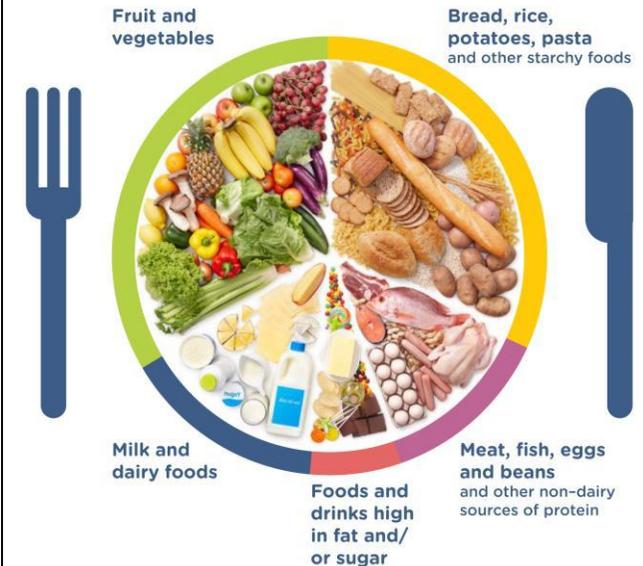
### KEY FACTS

- Before the **Industrial Revolution**, **agriculture** workers laboured six days a week, from sun up to sun down, just to keep their crops growing.
- **Food miles** is the distance food is transported from the time of its making until it reaches the consumer
- Just 15 plant crops provide 90 percent of the world's food energy intake (exclusive of meat), with rice, maize, and wheat comprising 2/3 of human food consumption.

## DIAGRAM

### The Eatwell Plate

Use the Eatwell Plate to help you get the balance right. It shows how much of what you eat should come from each food group.



### You might like to...

visit these sites:

- 1) Fair Trade: <https://www.fairtrade.org.uk/What-is-Fairtrade>
- 2) Science investigations with food: <https://littlebinsforlittlehands.com/4-mini-easiest-kitchen-science-activity-trays/>

## KEY QUESTIONS

What do I know about this already?	How might this knowledge help me?	What do I want to find out more about?	How could I find out more?	How could I present what I know?	Which parts of this do I need to try harder to understand?
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