










[Free and fun Family Learning sessions](#)




# Family Learning Schools Programme

January/February 2022

	<p><b>Helping with Writing &amp; Spelling KS1</b></p> <p>1 session</p>	<p>This fantastic FREE 90-minute online session will help you discover some fun English-based activities from the comfort of your own home. With the support of our dedicated tutor, you will also learn how you children are taught in school and how you can best support this learning at home.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 4 to 7.</p>	<p>Monday 17<sup>th</sup> January, 2022</p> <p>9:30 am – 11:00 am</p>
	<p><b>Helping with Writing &amp; Spelling KS2</b></p> <p>1 session</p>	<p>This fantastic FREE 90-minute online session will help you discover some fun English-based activities from the comfort of your own home. With the support of our dedicated tutor, you will also learn how you children are taught in school and how you can best support this learning at home.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 7 to 11.</p>	<p>Monday 24<sup>th</sup> January, 2022</p> <p>09:30 am – 11:00 am</p>
	<p><b>Helping with Maths KS1</b></p> <p>1 session</p>	<p>This fantastic FREE 90-minute online session will help you discover some fun Maths-based activities from the comfort of your own home. With the support of our dedicated tutor, you will also learn how you children are taught in school and how you can best support this learning at home.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 4 to 7.</p>	<p>Wednesday 26<sup>th</sup> January, 2022</p> <p>09:30 am – 11:00 am</p>

	<p><b>Helping with Maths KS2</b></p> <p>1 session</p>	<p>This fantastic FREE 90-minute online session will help you discover some fun Maths-based activities from the comfort of your own home. With the support of our dedicated tutor, you will also learn how you children are taught in school and how you can best support this learning at home.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 7 to 11.</p>	<p>Monday 7<sup>th</sup> February, 2022</p> <p>09:30 am – 11:00 am</p>
	<p><b>Learning Through Art - Maths KS1</b></p> <p>1 session</p>	<p>This fantastic FREE online session provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children’s maths development. Making the most of resources you find around the house, these activities will be themed around shape to get them thinking not only about their art, but also 2D and 3D shapes and mathematical vocabulary.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 4 to 7.</p>	<p>Wednesday 2<sup>nd</sup> February, 2022</p> <p>09:30 am – 11:00 am</p>
	<p><b>Learning Through Art - Maths KS2</b></p> <p>1 session</p>	<p>This fantastic FREE online session provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children’s maths development. Making the most of resources you find around the house, these activities will be themed around shape to get them thinking not only about their art, but also 2D and 3D shapes and mathematical vocabulary.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 7 to 11.</p>	<p>Thursday 3<sup>rd</sup> February, 2022</p> <p>09:30 am – 11:00 am</p>

	<p><b>Learning Through Art - English KS1</b></p> <p>1 session</p>	<p>This fantastic FREE online session provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children’s English development. Making the most of resources you find around the house, these activities will be themed around children’s stories to get them thinking not only about their art, but also words, characters, and language.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 4 to 7.</p>	<p>Thursday 20<sup>th</sup> January, 2022</p> <p>1:00 pm – 2:30 pm</p>
	<p><b>Learning Through Art - English KS2</b></p> <p>1 session</p>	<p>This fantastic FREE online session provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children’s English development. Making the most of resources you find around the house, these activities will be themed around children’s stories to get them thinking not only about their art, but also words, characters, and language.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 7 to 11.</p>	<p>Thursday 27<sup>th</sup> January, 2022</p> <p>1:00 pm – 2:30 pm</p>
	<p><b>Learning Through Art - Science KS1</b></p> <p>1 session</p>	<p>This fantastic FREE online session provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children’s science development. Making the most of resources you find around the house, these activities will be themed around science and nature to get them thinking not only about their art, but also scientific vocabulary.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 4 to 7.</p>	<p>Wednesday 19<sup>th</sup> January, 2022</p> <p>09:30 am – 11:00 am</p>

	<p><b>Learning Through Art - Science KS2</b></p> <p>1 session</p>	<p>This fantastic FREE online session provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children’s science development. Making the most of resources you find around the house, these activities will be themed around science and nature to get them thinking not only about their art, but also scientific vocabulary.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 7 to 11.</p>	<p>Thursday 20<sup>th</sup> January, 2022</p> <p>09:30 am – 11:00 am</p>
	<p><b>Helping with the 100 Square</b></p> <p>1 session</p>	<p>This fantastic FREE 90-minute online session will help you discover some fun maths-based activities from the comfort of your own home. With the support of our dedicated tutor, you will also learn how you children are taught in school and how you can best support this learning at home focussed on 100 squares.</p> <p>This session is for any adult over the age of 16 who has responsibility for the care of a child/ren aged 4 to 7.</p>	<p>Monday 31<sup>st</sup> January, 2022</p> <p>09:30 am – 11:00 am</p>
	<p><b>Helping Your Child Manage Anxiety</b></p> <p>5 week course</p>	<p>In this FREE course you can discover how to help your child with anxiety. Working with the tutor and other parents and carers, you will increase your understanding of anxiety in children, and learn new ways to help them manage it. This short course is for those with children aged 4-11 years.</p>	<p>Starts: Tuesday 1<sup>st</sup> March, 2022</p> <p>10:00 am – 12:00 am</p>

To sign up visit our website at:

[www.norfolk.gov.uk/education-and-learning/adult-learning/courses/family-learning-courses](http://www.norfolk.gov.uk/education-and-learning/adult-learning/courses/family-learning-courses)

For further information please contact: [simon.routhorn@norfolk.gov.uk](mailto:simon.routhorn@norfolk.gov.uk)