



Dereham Church of England Junior Academy

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Diocese of Norwich
Education and
Academies Trust

2nd February 2022

Dear Parents/Carers,

Firstly, thank you for confirming your child's attendance on our year group's residential visit to the Horstead Centre in May. We are so excited and hope your child is too! We are now in a position to confirm a few more details and provide some further information on the visit.

As previously advised, two classes from our year group will be going at one time over a period of three days and two nights. They will be as follows:

Dates of Visit	Classes Attending
Monday 16 th – Wednesday 18 th May 2022	Babbage and Seacole
Wednesday 18 th – Friday 20 th May 2022	Parks and Malorie

Any outstanding payments should be paid by 1st April 2022. However, as always, if this could be a problem, please let us know.

In the meantime, please see the attached medical forms. The medical forms are a safety requirement imposed on us and must be completed before any child can attend the residential. Therefore, please could these be returned to school as soon as possible.

Also provided is a recommended kit list, this should help to give you an idea of the items the children should and should not bring with them.

Please note in particular the need for the children to bring both a **sleeping bag and a pillow case** with them.

Should you have any questions, please feel free to contact me.

Kind Regards,

Mrs R Groves

Y4 Leader

Student/Young Person Kit List

WHAT KIT DO YOU NEED FOR YOUR RESIDENTIAL STAY AND OUTDOOR EXPERIENCE?

The clothes you bring can make a big difference to your comfort and your enjoyment of the whole experience. It is no fun taking part in any activities if you are cold or wet because you have not brought a coat!

How many days am I staying at The Horstead Centre?2 Nights.....

Even in summer it can rain and in the winter the sun can shine! Be prepared for this, you may get muddy, you may get wet, we will still go outside - and with all the right kit, you will love the mud and rain!

LAND BASED ACTIVITIES – One set per day (in case of rain)

	<i>Have I remembered to pack one set per day (in case of rain)?</i>
T. SHIRT	
SHORTS / JOGGING TROUSERS	
FLEECE / WARM TOP	
EXTRA FLEECE / WARM TOP!	
WATERPROOF COAT	
WATERPROOF TROUSERS (if you have them)	
SUN HAT (weather dependent...)	
TRAINERS / BOOTS (sturdy footwear, NO crocs or flip flops for activities)	
INDOOR SHOES (slippers / clean shoes)	
WARM HAT (weather dependent...)	
GLOVES (weather dependent...)	
BUFF/SCARF (weather dependent...)	

WATER BASED ACTIVITIES – Do come prepared to get wet!

	<i>Have I remembered to pack a new set of clothes for each water based activity?</i>
T. SHIRT	
SHORTS / JOGGING TROUSERS	
FLEECE / WARM TOP	
OLD TRAINERS OR WET SHOES (NO crocs or flip flops for activities)	
SUN HAT (weather dependent...)	
SPARE WARM HAT (weather dependent...)	

On the water based activities, you must have something on your feet at all times, so do not bring your newest pair of trainers, crocs or flip flops, bring old shoes that you don't mind getting wet, or, wet shoes!
Jeans are heavy when wet, and do not dry quickly, do not wear them on the water!

GENERAL

	<i>Have I remembered to pack...?</i>
SOCKS AND UNDERWEAR	
PYJAMAS	
WASH KIT	
TOWEL	
SPARE TOWEL	
SLEEPING BAG	
PILLOW CASE	
SUN CREAM	
CAMERA	
STRONG BIN LINER (for wet clothes)	
MONEY FOR SOUNVENIR SHOP (max £10)	

Please don't bring your newest and best clothes and trainers. Old, worn and comfortable is best.

WHAT YOU DON'T NEED

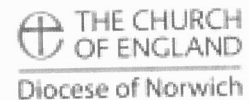
- Please do not bring anything of value; you will not need to glam up with your best jewellery.
- Don't bring your *Game Boy* or your *DS lite* you will not have time to use them.
- Don't bring your MP3, you will not be allowed to use it while you are on the activities as this could be unsafe

- Do not bring a mobile phone. You don't need it and your teachers or leaders will know what to do if there is a problem.
- Do not use large heavy suitcases. Where possible please use holdalls/kitbags/rucksacks – These are easier to store away.

LOST PROPERTY

We will do our best to help you find anything you lose, but will not be responsible for you misplacing any valuable equipment, you were asked not to bring!

All students need to bring with them a sleeping bag and pillow case.



Horstead Centre Trust is a residential activity centre in the Diocese of Norwich Charity no: 303986 VAT no: 282 0458 63
Custodian trustee: Norwich Diocesan Board of Finance Ltd
Registered Office: Diocesan House, 109 Dereham Road, Easton, Norwich NR9 5ES
Company no: 88175 Charity no: 249318 Tel: 01603 880853 www.dioceseofnorwich.org

Medical Form

PARTICIPANT'S NAME..... Date of birth.....

*male/female

COURSE ATTENDING.....Activity Day From.....

To.....

Address.....Post

Code.....

Telephone numbers: Daytime.....

Evening.....

Mobile.....

Email.....

Name of Emergency Contact (parent/guardian/next of kin).....

Contact telephone if different to above.....

Medical details: (Medical conditions need not necessarily prevent participation, but the Horstead Centre MUST be made aware of any potential consideration).....

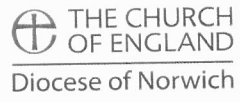
Any special dietary requirements.....

Consent Statement. By signing and submitting this form I hereby agree to myself/my child participating in activities at The Horstead Centre, on the date specified above. I declare that I/my child is water confident, and to best of my knowledge, does not have any undisclosed medical condition which could affect participation in the course, or require specific assistance.

Additional Media Consent. We love to document people's enjoyment of our Centre and we try to promote our work as often as we can. For this reason, photography or film of your/your child's participation in our activities may take place during your/their visit. These photographs would be used by the Horstead Centre; for displays or publicity including Social Media and



CCI



Horstead Centre

Residential Stays & Activity Days

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📱 www.horsteadcentre.org.uk

our Website. No other personal details would ever be publicised, and you can withdraw your consent at any time by contacting the Centre Manager. Our full data protection and GDPR statement is available on request. **Please tick the box if you consent to photographs and film to be taken and used in this way.**

DECLARATION (All participants over 18 at the date of participation must complete this section. If under 18 at this date this section should be completed by that participant's parent or legal guardian).

As the *participant/ parent / guardian of
(Name)

I have understood the nature of the adventurous outdoor activity to be undertaken at to the Horstead Centre and agree to *my/their taking part. I also agree that I am / he is / they are/ fit to participate in the visit and programme.

COVID-19. The Horstead Centre is a COVID Secure site, and we have put in all possible measures to ensure safe participation in our activities with minimal risk of transmission. By submitting this form, you also agree to not attend, or send your child to attend, the Centre if you or they are displaying any symptoms of COVID-19 or have been in recent contact with someone who has symptoms or a positive diagnosis.

Signed *participant/parent /guardian **Date**
.....

