## **SEN NEWSLETTER**

Summer Term 2022 Half term 1

#### **Parent survey**

Last half term, I shared a survey for parents regarding SEN support. Thank you to those of you who have completed this survey. If you haven't yet had a chance, please visit the link below:

https://forms.gle/4okzNAxviYRmLmVR7

This survey will give us a better understanding of what is working well for you and your child and how we can support you all as much as possible in the future.

## **MYSPIRA**

### **Asthma training app**

Norfolk and Waveney CCG are offering free access to the multi-award winning asthma training app: **MySpira**. The app teaches children how to manage asthma safely and effectively. It uses "pioneering augmented reality technology" which improves asthma technique and saves lives.

The app is suited to 6 - 13-year-olds and features 8 fun modules that combine augmented reality and gameplay to offer the very best asthma education. The app can be used without Health Care Practitioner supervision and was developed with close assistance from asthma specialists.

To redeem the smart device app: (suitable for mobile and tablet devices):

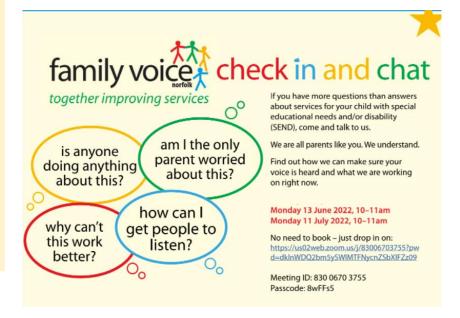
- Download MySpira from the App store or Google Play.
  - 2. Type in the following code when prompted: 62025117b8df4
- 3. Follow the modules to complete the training
- 4. Complete the asthma plan and enjoy the bonus AR asthma game!

# Norfolk SEN: where can I go for help?

There have been a lot of useful changes to the 2 main Norfolk SEND websites. More information about local support available to children with additional needs as well as their families have been added to the following websites and are well worth a look:

https://www.norfolk.gov.uk/children-and-families/send-local-offer

https://www.justonenorfolk.nhs.uk/child-development-additional-needs/additional-needs/



#### **Neurodevelopmental referrals**

'Neurodiversity' is an umbrella term which is used to describe people who have brains and thinking styles which work in a slightly different way to 'neurotypical' people. It includes a wide range of differences, such as autism, ADHD, dyspraxia, OCD and Tourette's Syndrome. If you have concerns regarding your child, you may wish to consider a referral to the Neurodevelopmental Service.

This is a very long process (currently up to 3 years) and guidance/ requirements for supporting evidence in order to begin a referral have recently been updated. Please see the flowchart below for details. I am able to provide a parent observation sheet and school information; please contact me for more details.

