



## SEN NEWSLETTER

Autumn Term  
2022  
Half term 2

### Online Safety

Plenty of children enjoy playing games and watching content online. However, it can be challenging to keep track of what they are viewing and who they are in contact with. This is especially difficult for children with SEND, who often have a limited awareness of online dangers and how to minimise risks.

The NSPCC have produced several safety tips, advice and activities for children with SEND and their families which can be accessed by following the link below:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-families-children-with-send/>

The website includes really helpful visual guides for children on talking to people online (dos and don'ts), sharing personal information and forming friendships.

Attached to this newsletter is a visual guide for parents on how to support your child with potential cyberbullying in gaming. More of the resources are also **available on our school website** under the SEND page.

### Talking to people online



You might want to talk to people online that you know from school or other activities.



You might want to talk to people online that you haven't met before.



You might want to talk about your special interests.

### Christmas support

Sensory Integration Educations has created a FREE Christmas Sensory survival kit to help those experiencing sensory integration or sensory processing differences better manage the sensory challenges of the season. In the guide are tips on:

- Going out and about
- Christmas activities
- Taking time out
- Eating and cooking
- Decorating
- Socialising and celebrations
- Christmas traditions
- Present giving and receiving

plus more!

The kit is **available on our school website** under the SEND page.



#### Get your free Christmas Sensory Survival Kit

Pop your email in here and choose your area of interest to download the Christmas Sensory Survival Kit for free!

First Name

Email Address

I am interested in this guide for...

**Submit to get the Kit!**

See our Privacy Policy [here](#). Unsubscribe anytime.

#### Make Christmas Calmer

A Collation of the Best Expert and Lived-Experience Advice

Sensory Integration Education has created this Christmas Sensory Survival Kit to help those experiencing sensory integration or sensory processing differences better manage the sensory challenges of the season.

We've split the Kit into handy chunks covering...



## What's on?

There are plenty of exciting Christmas events taking place in the local area over the next few weeks. Sometimes, these can be overwhelming and over stimulating for children with SEND. Luckily, there are now lots of charities and companies that recognize this and are offering SEN specific sessions for children that may otherwise struggle.

Below is some information of Christmas events that cater specifically for children with SEND:



### Quiet Session for Santa Visits

We will be offering a quiet session between 11 till 12, with no flashing lights or music for Autistic and other SEN children that would prefer a more quiet experience with Santa.

This has limited availability and must be booked in advance.

Please note that as Santa's grotto is on the first floor there will be some steps to climb.

To book please email [info@derehamwindmill.co.uk](mailto:info@derehamwindmill.co.uk)



## SEND Friendly Christmas

- Stories with Father Christmas
- Ella Therapy Dog Meet and Greet
- Sensory Activities
- Christmas Craft Activities
- Gift from Father Christmas

St Mary Magdalene Church Hall, Silver Road,  
Norwich, NR34TF 01603767498  
[@openarmsupport](mailto:@openarmsupport) [www.openarmsupport.co.uk](http://www.openarmsupport.co.uk)

**3rd  
DECEMBER**  
**12:00-14:00**



## What's on (cont.)

There are also some family support and SEN specific events taking place in December and beyond. Below are some details of what is taking place and how you can get involved:

### WHAT'S ON? DECEMBER 2022





MONDAY 5TH	TUESDAY 6TH	WEDNESDAY 7TH	THURSDAY 8TH
<p>Wroxham Autistic Adult Social Group 13:00-15:00 Wroxham Library, NR12 8RX Free Event</p>	<p>Parent/ Carer Coffee Morning 10:00-12:00 ASD Helping Hands, NR19 1FD Free Event</p>		<p>Norwich Autistic Adult Social Group 13:00-15:00 Shoebox Community Hub NR1 3DH Free Event</p>
FRIDAY 9TH	SATURDAY 10TH	<p>For further information on any of our events please visit <a href="http://www.asdhelpinghands.org.uk">www.asdhelpinghands.org.uk</a> or email us at <a href="mailto:contact@asdhelpinghands.org.uk">contact@asdhelpinghands.org.uk</a></p> <p><i>All groups held at Norfolk Libraries are run by the Library themselves. For more information on these groups please contact them directly.</i></p>	
	<p>Dereham Family Support Group 10:00-12:00 Toftwood Scout Hut, NR19 1PU £5.00 per Family</p>		
SUNDAY 11TH			



## SAVE THE DATE

### Annual Conference

### Saturday 11<sup>th</sup> March 2023

#### John Innes Centre, Norwich NR4 7UH

Find out about all things SEND from




- information stands
- workshops
- face-to-face meetings with professionals
- keynote speaker




Find out more at [www.familyvoice.org.uk](http://www.familyvoice.org.uk)



 FamilyVoiceNorfolk


 @familyvoicenfk


### Could your child or young person with SEND help us write good questions for the annual SEND survey?

We are running a participation event with a pizza lunch for children and young people with SEND to help us design the next SEND survey. 

 **Sat 3rd December 2022**  **10.30am-2pm**

 **Margaret English room, County Hall**

10.30am	Welcome and refreshments
11am	Fun activity
11.15am	Introducing the survey
11.30am	Thinking about questions we should ask you
12.15pm	Pizza lunch and social time
1pm	Helping us write good questions
1.30pm	Thinking about what would help you give your views
1.45pm	Fun activity
2pm	End



**SCAN ME**

If you would like your child or young person to attend this event, please register through Eventbrite using the QR code