



# SEN NEWSLETTER

Summer Term  
2023  
Half term 2

## Transitions

As we come to the end of the school year, the focus this half term is on transitions and how we can support all of our pupils as they move on to their new class or school. In order to offer pupils with SEND the best support during this time, I am working closely with all class teachers and feeder schools to ensure that the children have clear transitions plans and additional strategies in place that will minimize their anxiety or worries.

These strategies might include:

- Organising extra visits to new schools/ classrooms so that pupils can become familiar with the setting and staff
- Taking photos and videos of the new school/ classroom so that they can be looked at over the summer holidays if needed
- Creating social stories to help prepare the children for approaching changes
- Allocating a key 'transition' figure for each child
- Arranging drop in sessions or meet and greet opportunities with key members of staff over the next few weeks
- Providing check lists/ timetables and other useful resources to aid organisation and establish new routines
- Ensuring any specialist equipment is passed on
- Organising specialist training for staff where needed in preparation for September.
- Reviewing One Page Profile targets with recommendations for the Autumn Term.

Children's individual transition plans will be shared with you by Monday 17<sup>th</sup> July.

Big Norfolk

**Big Norfolk**  
Holiday Fun

activity programme

The **Big Norfolk Holiday Fun activity programme** provides holiday activities for children and young people aged 5-16 throughout the holidays.

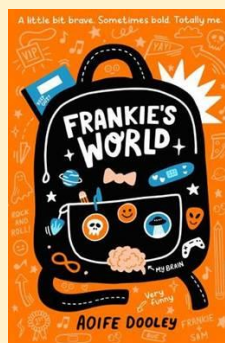
Those who claim means-tested free school meals can claim free spaces on the activities, whilst paid spots are available on many activities for those who don't.

Activities are as inclusive and accessible as possible. This includes those with special educational needs or disabilities. Please contact the activity provider directly in advance with any queries or concerns.

Book now by visiting:

<https://www.everymove.uk/inspiration/big-norfolk-holiday-fun-activities>

## Book look



This graphic novel tells the story of Frankie, a girl with Autism. The book is inspired by the author, Aoife Dooley's, own real life experiences.

Join Frankie as she deals with bullies, finds out what she's good at and comes to understand herself a little better.

This is a great story about growing up and learning who you are.

## Parent support

'Plan Bee' is a FREE 3 week course (2hrs per week) written by two Clinical Psychologists working in Norfolk and is aimed at parents or carers of children or young people with additional needs including suspected or diagnosed Autism or ADHD.

During the three week course, we will explore:

- Behaviour as communication.
- Understanding the full range of needs your child may have.
- Developing a plan to support behaviour in difficult situations which can then be shared with grandparents, schools and others.
- Strategies for creating an environment in which your child or young person can thrive.
- Sharing experiences, challenges and successes with other parents experiencing similar issues and learning from these.

**JULY** - Tuesday 4th/11th/18th July from 10-12 noon - via Zoom - FULLY BOOKED

**JULY** - Wednesday 5th/12th/19th July from 10-12 noon at Gorleston Library - spaces available

**AUGUST** - Thursday 10th/17th/24th August from 10-12 noon via Zoom - spaces available

RING 01603 972589 or EMAIL [Swaffham@family-action.org.uk](mailto:Swaffham@family-action.org.uk) FOR MORE INFORMATION or to book a place

Family Action is working with Norfolk Community Health and Care to run the Puffins ASD Programme for Parents/Carers of children or young people **with a diagnosis of Autism**. This is a free, comprehensive, four week course with sessions led by Speech and Language and Occupational Therapy professionals from within the Neurodevelopmental Service and by the Autism Specialist Educational Team.

***The Puffins course running in New Costessey in July is now fully booked.***

**What? Puffins Autism Programme - AUGUST 2023** - only a few spaces remaining

**Where? ZOOM** on-line course

**When? Mondays 7th/14th/21st AUGUST 4th SEPTEMBER 9:30 am to 12:30 pm**  
(apart from first session 9.30 am - 1.00 pm)

**Contact? Call us on 01603 972589** or email [swaffham@family-action.org.uk](mailto:swaffham@family-action.org.uk)