



Christians Against Poverty Debt Centre, in partnership with Dereham Baptist Church



2023 was a busy year for us. We received 21 new referrals for our debt help. 4 households were declared debt free and 15 progressing through the CAP process.

April saw Catherine start working with us, building links within the community and raising our profile - with the aim that anyone who is struggling with debt knows that there is help available.

In October, 12 people attended the Money Course. They learnt how to budget effectively, set their spending priorities, and two attendees used the benefit calculator and identified that they were entitled to additional benefits.

## Money Course - book your free place now

Is one of your New Year Resolutions to get in control of your money? Perhaps it's to save for that special holiday? The CAP money coaching programme can help.

Our next course starts on Thursday 8th Feb, 1-3pm at Green Pastures Community Hub (20 Norwich Street, Dereham). Three sessions (8th, 15th, 29th Feb) full of tips for budgeting and prioritising what you spend money on.

Please email [catherineweatherill@capuk.org](mailto:catherineweatherill@capuk.org) or phone 01362 695221 to book your place

We currently have appointments available for new clients - please phone **0800 328 0006** and see if we can help you. Please tell your friends about us.

Our debt services are free, and available for those living in Dereham and the surrounding villages. There are other centres in Norfolk and across the UK.

For free debt help phone **0800 328 0006**. Visit [capuk.org](http://capuk.org) for more info