

money

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Free, expert money coaching

Managing your money doesn't have to be a pain. Learn the skills to make it simple at **Green Pastures Community Hub, 20 Norwich Road, Dereham**. Best bit? It's totally free.

3 sessions:

Thursday 8th Feb, 1-3 pm

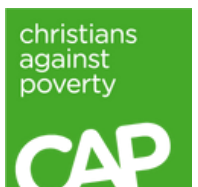
Thursday 15th Feb, 1-3 pm

Thursday 29th Feb, 1-3 pm

Book your free place, call 01362 695221
or email catherineweatherill@capuk.org

capuk.org/trymoneycoaching

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Money coaching is a free service designed to empower you with the knowledge, skills, tools and confidence to better manage your finances. Anyone can benefit – from seasoned budgeting experts to those struggling to get to grips with their spending.

- Learn how to build and balance a household budget
- Learn how to structure your finances using a system proven to work
- Find ways to save more and get the most out of your spare cash
- Learn how to use credit wisely and navigate unmanageable debt
- Explore the difference between essential and optional expenses and find ways to realistically cut costs

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