



## Dereham Junior Academy

### Focus tool policy

#### **Introduction**

At Dereham Junior, we recognise that some children may require additional support to enable them to focus for extended periods of time. We ensure that a variety of resources are available for this purpose, including the use of focus tools.

Fidgets are self-regulation tools which can help individuals exercise the impulse for motion without negatively affecting attention and focus. When used effectively within a classroom setting, they can help the child to remain focused upon a specific task or input because they allow the child the opportunity to move discreetly without drawing attention away from the learning.

#### **Effective fidgets**

A good focus tool:

- Is quiet and safe
- Can be used without looking, so the user can focus on the lesson
- Can be used out of other children's eyesight to eliminate distraction
- Meets the student's sensory needs (some prefer certain textures while others avoid them)
- Fits the student's physical abilities (they must have the fine motor skills or strength to use the tool)
- Is relatively cheap (or durable, if more expensive)
- Is small (can fit within a pocket)
- Allows for lots of finger and hand movement

Fidgets that demand visual attention or those with a game component that require matching, unlocking, or solving something are less effective for boosting on-task behaviour. This is because they require hand eye co-ordination and therefore take focus away from the learning.

Focus tools provided by and used at Dereham Junior include:



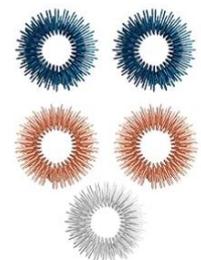
**Theraputty**



**Marble in mesh**



**Tangler**



**Coiled**

## Acceptable use

A child will be given the opportunity to use a focus tool if they are identified as struggling with focus within the classroom. If a child is on the SEN record, class teacher, child and SENCo will discuss provision and identify suitable focus tools to be used. This will then be recorded on their One Page Profile (OPP).

All focus tools will be kept within a class focus box. Class teacher and pupils will agree on times when these tools can be used and class teacher will make it clear to the pupil when it is to be returned.

A focus charter (see appendix 1) identifies the rules for appropriate use of focus tools within the classroom. Prior to the first use, this charter will be shared and the pupil/ class teacher will be required to sign to show they agree to these terms.

## Alternative support

Fidgeting can take many forms and is therefore best supported using a variety of tools. Dereham Junior offers a range of provision to support focus and attention within the classroom, including:

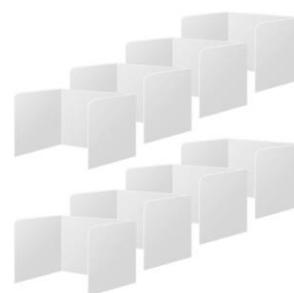
- Allowing a student to stand at their desk and work.
- Using alternative seating that allows for movement, such as a wobble cushion.
- Using a kick band on a student's chair.
- Providing an allocated work station or space away from distractions.
- Use of a space divider to minimise visual stimulation.



Kick band



Wobble cushion

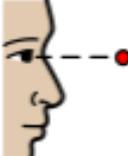


Space dividers

Staff at Dereham Junior recognise that the most effective support is achieved in collaboration with the child and parents. Decisions about which tools work best will always be discussed and shared with all involved.

**Written: February 2024**

Appendix 1 –Focus Charter

MY FOCUS TOOL CHARTER		
1		My focus tool is a tool not a toy. It is only to be used during listening time.
2		My focus tool will help me to focus my attention on the lesson and my teacher.
3		I can hold my focus tool in my hand whilst I look at the board or person speaking.
4		I need to keep my focus tool to myself and not distract others.
5		If I am not using the focus tool in the agreed ways, then it may be taken away.
6		When I am about to start work, I will put my focus tool into our class focus tool box.

Signed by: \_\_\_\_\_

(Me)

Signed by: \_\_\_\_\_

(Teacher)

