



Dereham Church of England Junior Academy

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Diocese of Norwich
Education and
Academies Trust

Thursday 25th April 2024

Dear parents and carers,

This half term, we will be delivering a lesson on loss, grief and bereavement to year 5 as part of our RSHE and life skills curriculum.

These are an inevitable part of our lives, so members of our school community will have experienced significant losses or will do so in the future. We think it is important to provide children with the skills they need to manage difficult feelings, to understand grief and to be able to support others.

Our teachers have been trained to deliver this sensitive area of the curriculum and will use age appropriate materials to support learning. It is possible your child will come home and ask you questions about this topic.

If you would like to know more about the content of this session, please contact your child's class teacher.

Most importantly, if your child has experienced a significant loss or bereavement, recently or in the past, or if there is a family member or friend who is seriously ill, please contact your child's class teacher. We can discuss with you whether it is appropriate for them to be in the lesson and be prepared to give them any additional support they may need.

Mrs Dack

Year 5 Leader