



# Newsletter



Christians Against Poverty Debt Centre, in partnership with Dereham Baptist Church

## Debt Centre News

We have recently finished our latest money coaching course. This time the budgeting course was held online in evenings, which meant people could join without travelling. All the attendees enjoyed the course and were able to support each other. We'll be arranging further dates - it's worth attending whether you feel your finances are in control, or whether you try to ignore them! Keep an eye out for our next course.

**Life throws  
curveballs! 🤔 Job  
loss, illness...  
these can lead to  
debt. But you're  
NOT alone!**

Did you know our FREE debt help is available to all? We offer a personalised service and usually come to your home. Like most things, it's better to deal with debt sooner rather than later - why not pick up the phone today?

You can get help with unmanageable debt by phoning **0800 328 0006** - it really is worth it.

Thank you BabyBasics Dersingham for supporting a client with items for their new born baby



Our debt services are free, and available for those living in Dereham and the surrounding villages. There are other centres in Norfolk and across the UK.

For free debt help phone **0800 328 0006**. Visit [capuk.org](http://capuk.org) for more info