

Debt Centre News

March 2026



**Dereham
Baptist
Church**

in partnership with

christians
against
poverty

CAP

POVERTY STOPS WITH US.

30+ YEARS OF IMPACT

Christians Against Poverty (CAP) have been helping people with debt for 30 years. Locally our debt coach meets with clients, supporting them to address their debts. CAPs specialist advisors create budgets and recommend the best route out of debt. Our lovely team of volunteers help as well.

Debt Awareness Week - March 16th

Why do people fall into debt? There are many different reasons but often there is a change in circumstances - unemployment, relationship breakdown, ill health... Whatever the cause we are there to help. Perhaps you feel guilty or ashamed - you're not alone, and we won't judge.

Every year we see around 24 clients - and a number of these become debt free -
TWO families started
2026 debt free



Norfolk
Community
Foundation

In 2025 we received grant funding from:



**Auriol Tessier Charitable
Trust** ☆



Norfolk
Community
Surviving
Winter

Our debt services are free, and available for those living in Dereham and the surrounding villages. There are other centres in Norfolk and across the UK.

For free debt help phone 0800 328 0006. Visit capuk.org for more info